

# 調和 SHC 倶楽部

SPORTS HEALTH CULTURE



## What's SHC ?

### About us

The Chowa SHC club was founded as 'Local integrated sports & culture club' in Chofu in 2002 and became a certified NPO 2003. It's located at Omachi sport facilities, Chowa Elementary School, and the number of club members is about 1200.

We offer a chance & place for everyone to enjoy sports & culture, therefore our aim is to create Chofu vigorous town. Please join us and support our activities.

### The moment is now. Discover your activities at SHC.

#### Sports(20)

Kendo, tennis, table tennis, judo, softball, baseball, volleyball, basketball, badminton, neohockey, junior program (dutch, kids-hop & others), others

#### Health(19)

chorus, bocchia, gymnastics for parent & children and adult, kikou, ground golf, swimming, yoga, boxing in shape, hura, walking, others

#### Culture(11)

yosakoi dancing, English conversation, painting, go-shogi, mah-jong, haiku, calligraphy for children, others

"調和 : chowa" means harmony.

042-498-8828

info@npo-chowashc.jp

http://npo-chowashc.jp

〒182-0007

JAPAN Tokyo Chofu Kikunodai 3-27-40



## 【サークル】 Let's start learning English at SHC !

### 英会話サークル会員募集中

講師：浜中 由美氏

日時：第1・3(火)19:40 ~ 20:45  
場所：市民大町スポーツ施設・会議室  
対象：18歳以上  
サークル費：2,000円  
持ち物：筆記用具・辞書



なごやかな雰囲気の良いレッスンにあなたも参加しませんか？  
年齢・性別・英語力に関係なく、  
思い立った時がスタートです。

**初回体験無料**

各種申込・問合せ 調和 SHC 事務局 電話：042-498-8828 10:00 ~ 16:00 まで 月曜定休

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調布市菊野台 3-27-40 TEL 042-498-8828 / FAX 042-444-3018